



Get a Healthy Start to Your Day with School Breakfast!

Available Daily:

Assorted Cereal with Graham Crackers
Chilled Fruit Cup
100% Juice
Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast \$0.00

Adult Breakfast \$0.00

Reduced Breakfast \$0.00

Nutrition News:

Farm Fresh Produce will be available from September 21st through the 25th.

Look out for the Jersey Fresh Symbol on the lunch line!

Local produce decreases the food miles from the farm to your cafeteria.

Local fruits and vegetables are in season and taste great!



MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
31 Mini Pancakes Chilled Fruit Cup 100% Juice Milk Selection	1 Sausage, Egg and Cheese on a Bun Chilled Fruit Cup 100% Juice Milk Selection	2 Yogurt Parfait with Fruit & Granola Chilled Fruit Cup 100% Juice Milk Selection	3 Breakfast Burrito Chilled Fruit Cup 100% Juice Milk Selection	4 French Toast Sticks Chilled Fruit Cup 100% Juice Milk Selection
7 Labor Day	8 Ham, Egg and Cheese on a Bun Chilled Fruit Cup 100% Juice Milk Selection	9 Warm Muffin with Yogurt Cup Chilled Fruit Cup 100% Juice Milk Selection	10 Breakfast Burrito Chilled Fruit Cup 100% Juice Milk Selection	11 French Toast Sticks Chilled Fruit Cup 100% Juice Milk Selection
14 Mini Pancakes Chilled Fruit Cup 100% Juice Milk Selection	15 Sausage, Egg and Cheese on a Bun Chilled Fruit Cup 100% Juice Milk Selection	16 Yogurt Parfait with Fruit & Granola Chilled Fruit Cup 100% Juice Milk Selection	17 Breakfast Burrito Chilled Fruit Cup 100% Juice Milk Selection	18 French Toast Sticks Chilled Fruit Cup 100% Juice Milk Selection
21 Mini Pancakes Chilled Fruit Cup 100% Juice Milk Selection	22 Ham, Egg and Cheese on a Bun Chilled Fruit Cup 100% Juice Milk Selection	23 Warm Muffin with Yogurt Cup Chilled Fruit Cup 100% Juice Milk Selection	24 Breakfast Burrito Chilled Fruit Cup 100% Juice Milk Selection	25 French Toast Sticks Chilled Fruit Cup 100% Juice Milk Selection
28 Mini Pancakes Chilled Fruit Cup 100% Juice Milk Selection	29 Sausage, Egg and Cheese on a Bun Chilled Fruit Cup 100% Juice Milk Selection	30 Yogurt Parfait with Fruit & Granola Chilled Fruit Cup 100% Juice Milk Selection	<i>America on the Move:</i> Make at least half of your grains whole grain-rich for all your meals. 	



Check us out on Facebook : [Maschio's Food Services, Inc.](https://www.facebook.com/MaschioFoodServices)

Please Visit: www.maschiofood.com

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"