



Product Name: #84 Morabito Wheat Hamburger

Nutrition Facts		
Serving Size:	1 Bun 1.75oz. (50g)	
Serving Per Container:		
Amount Per Serving		
Calories	150	
Calories from Fat	15	
% Daily Values*		
Total Fat	1.5g	%
Saturated Fat	0g	%
Trans Fat	0g	0%
Cholesterol	0mg	%
Sodium	270mg	%
Potassium	88mg	3%
Total Carbohydrate	29g	%
Dietary Fiber	3g	%
Sugars	1g	0%
Protein	5g	11%
Vitamin A	1 mcg	0
Vitamin C	1 mg	0%
Calcium	51 mg	6%
Iron	2 mg	10%
Thiamin	0 mg	15%
Riboflavin	0 mg	8%
Niacin	3 mg	15%
Folic Acid	9 mcg	0
*Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Saturated Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR [Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], HIGH FRUCTOSE CORN SYRUP, YEAST, SALT, WHEAT GLUTEN, CANOLA OIL, MALT, CALCIUM PROPIONATE, SODIUM STEAROYL LACTYLATE, ENZYMES.

ALLERGEN ALERT: Wheat

Information:

The information listed above has been compiled from publications of the USDA and from data provided by J&K Ingredients suppliers.

To estimate the nutritional composition of a final baked item, composition information on all ingredients in formula is required.

Date: 03-27-2014