



Product Name: 55% School Whole Wheat Bread #28

Nutrition Facts	
Serving Size:	1 Slice 27g
Serving Per Container:	18 Slices per Loaf
Amount Per Serving	
Calories	90
Calories from Fat	10
% Daily Values*	
Total Fat	1g %
Saturated Fat	0g %
Trans Fat	0g 1%
Cholesterol	0mg %
Sodium	220mg %
Potassium	49mg 1%
Total Carbohydrate	17g %
Dietary Fiber	2g %
Sugars	<1g 0
Protein	3g 6%
Vitamin A	0mcg 0
Vitamin C	7mg 10%
Calcium	35mg 4%
Iron	1mg 6%
Thiamin	0mg 10%
Riboflavin	0mg 4%
Niacin	1mg 8%
Folic Acid	3mcg 0
*Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, POTASSIUM BROMATE, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), HIGH FRUCTOSE CORN SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, VITAL WHEAT GLUTEN, YEAST, CALCIUM STEAROYL LACTYLATE (CSL), SUGAR, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATEM), CALCIUM SULFATE, SOYBEAN OIL, AMMONIUM SULFATE, CORN STARCH, GUAR GUM, MONO-AND DIGLYCERIDES, ASCORBIC ACID, ETHOXYLATED MONO- AND DIGLYCERIDES, MONOCALCIUM PHOSPHATE, POTASSIUM IODATE, POTASSIUM BROMATE, CALCIUM PEROXIDE, ENZYMES, L-CYSTEINE HYDROCHLORIDE, CALCIUM PROPIONATE AND PROPIONIC ACID AND PHOSPHORIC ACID (PRESERVATIVES)

Information:

The information listed above has been compiled from publications of the USDA and from data provided by J&K Ingredients suppliers. To estimate the nutritional composition of a final baked item, composition information on all ingredients in formula is required.

Date: 04-17-2014

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