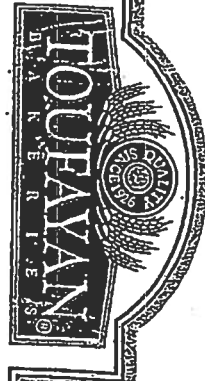


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Since 1926, the Toufayan family has been bringing to its customers the finest in baked goods. Our old world recipes using top quality, wholesome ingredients, naturally cholesterol free and trans fat free, were brought to the United States in the 1960's. Then, in the original pita tradition, we heart-ake each bread to a perfect golden brown. Toufayan Pitas are convenient and versatile. Just cut in half or at the top and fill with meats, salads or cheese. Great for tacos, sloppy'joes and fajitas. Or cut into bite sizes for appetizers.

**ANITA'S TUNA SALAD PITA**

- 4 Toufayan Pitas
  - 1 6 oz. jar marinated artichoke hearts
  - 1 onion, thinly sliced
  - 1/2 cup black olives, sliced
- Combine all ingredients. Slice pitas in half and fill. Makes 8 sandwiches.

**Nutrition Facts**

Serving Size 1 Loaf (56g)  
Servings per Container 6

Amount Per Serving	% Daily Value*
<b>Calories 150</b> Calories from Fat 10	
<b>Total Fat 1g</b>	2%
<b>Saturated Fat 0g</b>	0%
<b>Trans Fat 0g</b>	
<b>Cholesterol 0mg</b>	0%
<b>Sodium 225mg</b>	9%
<b>Total Carbohydrate 30g</b>	10%
<b>Dietary Fiber 3g</b>	13%
<b>Sugars 2g</b>	
<b>Protein 6g</b>	
<b>Vitamin A 0%</b>	<b>Vitamin C 0%</b>
<b>Calcium 4%</b>	<b>Iron 6%</b>

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
<b>Total Fat</b>	Less than 65g	80g
<b>Sat Fat</b>	Less than 20g	25g
<b>Cholesterol</b>	Less than 300mg	300mg
<b>Sodium</b>	Less than 2,400mg	2,400mg
<b>Total Carbohydrate</b>	300g	375g
<b>Dietary Fiber</b>	25g	30g

To Extend freshness freeze. To enhance flavor, warm Toufayan Pita in oven/microwave before using.

INGREDIENTS: STONE GROUND WHOLE WHEAT FLOUR, WATER, WHEAT GLUTEN, YEAST, MALTED BARLEY FLOUR, SUGAR, SALT, CALCIUM PROPIONATE (ADDED TO RETARD SPOILAGE), PROCESSED ON EQUIPMENT THAT ALSO PROCESSES SOYBEAN



For more information visit us at:  
[HTTP://WWW.TOUFAYAN.COM](http://www.toufayan.com)

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