

Anthony & Sons Bakery, Inc.
 Nutrition Label
 Whole Wheat Small Pan Kaiser Code: # 306

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Nutrition Facts	
1 serving per container	
Serving size 1 kaiser 1.8 oz (51g)	
Amount per serving	
Calories	110
% Daily Value *	
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 22g	8%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 1.1mg	6%
Potassium 70mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Water, Whole Wheat Flour, ~~Water~~, Unbromate Unbleached Enriched Wheat Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid)., Salt, Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono-andDiglycerides (DATEM),Monoglycerides,Soybean Oil,Calcium Sulfate,Ascorbic Acid,Potassium Bromate,L-Cysteine,Dextrin,Wheat Starch and Enzymes)., Shortening All Purpose Vegetable, Yeast, Sugar, Calcium Sulfate,Enzymes, Calcium Propionate(Preservative), Allergen: This Product has been Processed in a Facility where, Wheat,Soy product are present.