

Anthony & Sons Bakery, Inc.

Nutrition Label

100% Ultragrain / Whole Wheat Code: # 523

10:23am 08/29/2016

Nutrition Facts	
Serving Size 2 slices 1.8oz (51g)	
Servings per Container 32	
Amount per Serving	
Calories 110	Calories from Fat 15
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 21g	7%
Dietary Fiber 3g	14%
Sugars 0g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 6%
Niacin 10%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9 • Carbohydrates 4 • Protein 4	

INGREDIENTS: ULTRAGRAIN HARD WHOLE WHEAT FLOUR, VITAL WHEAT GLUTEN,, SHORTENING ALL PURPOSE VEGETABLE, YEAST, SALT, DOUGH CONDITIONER:(SOY FLOUR,DIACETYL TARTARICACID ESTERS OF MONO-ANDDIGLYCERIDES(DATEM)),MOI OIL,CALCIUM SULFATE,ASCORBIC ACID,POTASSIUM BROMATE,L-CYSTEINE,DEXTRIN,WHEAT STARCH AND ENZYMES)., SUGAR, ALLERGEN: THIS PRODUCT HAS BEEN PROCESSED IN A FACILITY WHERE, WHEAT,SOY PRODUCT ARE PRESENT.