



Code: 28

## 55% Whole Wheat Bread

### Nutrition Facts

18 servings per container

**Serving size** **1 Slice (29g)**

**Amount Per Serving**

**Calories** **90**

% Daily Value\*

<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 1g	
<b>Protein</b> 4g	<b>8%</b>
Vitamin D 0mcg	<b>0%</b>
Calcium 52mg	<b>4%</b>
Iron 1.08mg	<b>6%</b>
Potassium 49mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** WHOLE WHEAT FLOUR, WATER, WHEAT FLOUR ENRICHED WITH [MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID], HIGH FRUCTOSE CORN SYRUP, SALT, CRACKED WHEAT, YEAST, WHEY (MILK), VITAL WHEAT GLUTEN, CORN STARCH, MONOGLYCERIDES, CALCIUM STEAROYL LACTYLATE, DATEM, AMMONIUM SULFATE, CALCIUM SULFATE, CANOLA OIL, ASCORBIC ACID, ENZYMES, CALCIUM PEROXIDE, MONOCALCIUM PHOSPHATE, GUAR GUM, L-CYSTEINE, SOY FLOUR, CALCIUM PROPIONATE.

**ALLERGEN ALERT: WHEAT, SOY AND MILK.**

**BAKED & DISTRIBUTED BY:**  
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**INFORMATION:** The information listed above has been compiled from publications of the USDA and from data provided by Ingredient Vendor Suppliers.