

Toufayan Bakeries

Whole Wheat Pita Bread

6 loaves. Net Weight 12 oz (340g)

~~04/17/22~~
0432

Nutrition Facts

Serving Size	1 Loaf (56g)		
Servings Per Container	6		
Amount Per Serving			
Calories	150	Calories from Fat	10
% Daily Value*			
Total Fat	1g		2%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	225mg		9%
Total Carbohydrate	30g		10%
Dietary Fiber	3g		13%
Sugars	2g		
Protein	6g		
Vitamin A 0%		Vitamin C 0%	
Calcium 4%		Iron 6%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Pita – Whole Wheat

INGREDIENTS: STONE GROUND WHOLE WHEAT FLOUR, WATER, WHEAT GLUTEN, YEAST, Contains less than 2% of each of the following: SUGAR, SALT, CALCIUM PROPIONATE (ADDED TO MAINTAIN FRESHNESS).

PROCESSED ON EQUIPMENT THAT ALSO PROCESSES SOYBEAN