

8-6-14

Whole Grain White Wheat Bread 28oz



<b>Nutrition Facts</b>	
Serving Size 1 Slice 1 oz (28g)	
Servings Per Container About 28	
<b>Amount Per Serving</b>	
<b>Calories 70</b>	<b>Calories from Fat 5</b>
<b>% Daily Value*</b>	
<b>Total Fat 1g</b>	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 115mg</b>	<b>5%</b>
<b>Total Carbohydrate 13g</b>	<b>4%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 1g	
<b>Protein 2g</b>	
Vitamin A 0%	• Vitamin C 2%
Calcium 2%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

7500

**INGREDIENTS:** Whole Grain Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Yeast, Sugar, Soybean Oil, Salt, Honey, Wheat Starch, Calcium Stearate (caking agent), Mono and Diglycerides, Calcium Propionate, Ethoxylated Mono and Diglycerides, Diacetyl Tartaric Acid Esthers of Mono-Diglycerides, Enzymes, Ascorbic Acid (Vitamin C), and 2% of Less of each of the Following: Polysorbate 60, Propionic Acid, Sodium Propionate (a Preservative), Phosphoric Acid, Malted Wheat Flour, Calcium Sulfate

Contains Soy, Wheat.

The information listed above has been compiled from publications of the USDA and from data provided by RP Baking suppliers.

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