



RP BAKING, LLC
840 JERSEY STREET
HARRISON, NJ 07029

8-9-12

100% Whole Grain Wheat Bread 28oz - RP (S)

Nutrition Facts	
Serving Size 1 Slice .9oz (25g)	
Servings Per Container About 31	
Amount Per Serving	
Calories 50	Calories from Fat 5
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 11g	4%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 2g	
Vitamin A 0%	Vitamin C 4%
Calcium 4%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Whole Wheat Flour, Water, Sugar, Yeast, Soybean Oil, Wheat Gluten, Salt, Emulsifier (Water, Mono and Diglycerides, Ethoxylated Mono and Diglycerides, Contains 2% or Less of Each of the Following: (Polysorbate 60, Propionic Acid, Sodium Propionate (a Preservative), Phosphoric Acid), Calcium StearoylLactylate [CSL], Calcium Propionate, Softener (Wheat Flour, Calcium Sulfate, Salt, 2% or less of Enzymes (contains wheat)), Diacetyl Tartaric Acid Ester of Mono-diglycerides, Ascorbic Acid, Enzymes, Azodicarbonamide, Palm Oil, L-Cystine, Vinegar, Calcium Sulfate, Monocalcium Phosphate, Ammonium Sulfate, Ascorbic Acid, Soybean Oil, Calcium Iodate, Calcium Peroxide, Enzymes [Wheat], L-Cysteine Hydrochloride.

Contains Wheat.

7989 100% Whole Grain Wheat Bread 30 Slice

The information listed above has been compiled from publications of the USDA and from data provided by RP Baking suppliers