Tri-state Buns

8-16-14

Whole Grain Hamburger Buns 2.15oz

Nutrition Facts

Serving Size 1 Bun 2.15 oz (61g)
Servings Per Container 12

Amount Per Serving

Calories 130	Calories from Fat 10
	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 250mg	**10%**
Total Carbohydrate 27g	**9%**
Dietary Fiber 3g	**12%**
Sugars 2g	
Protein 4g	

Vitamin A 0% • Vitamin C 2%
Calcium 6% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Whole Wheat Flour, Water, Enriched Wheat Flour, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Soybean Oil, Salt, Improver (Monoglycerides and less than 2% of each of the following: Preservatives (Propionic Acid, Phosphoric Acid)), Calcium Propionate, Conditioner (Diacetyl Tartaric Acid Esthers of Mono-Diglycerides, Enzymes, Ascorbic Acid (Vitamin C), and 2% of Less of each of the Following: Malted Wheat Flour, Calcium Sulfate.

Contains Soy, Wheat.

This Product was made in a Peanut and Tree Nut Free Facility.