



FINISHED FOOD SPECIFICATION SHEET

	Document: 21.03.08	Item Number: 55674	
Effective Date: 2017-06-30	Program: 21.0 Specification Program	Market: USA	
Supersedes Date: 2017-03-23	Location: Corporate	Country of Origin: USA	
Date Validated: 2017-06-30	Controlled Copy		

Item Name: Sugar Frozen Cookie Dough Made with Whole Grain
 Finished Foods: Sugar Cookies Made With Whole Grain
 Brand / Customer: Otis Spunkmeyer Sub Brand: Delicious Essentials



Food Item Description

Delicious Essential cookies are frozen, pre-portioned cookie dough nuggets that are ready to bake and serve. Made to meet the strict school nutritional guidelines without sacrificing taste.

*Images provided for reference only. Actual item size and dimensions may be different.

Individual Food Specification

Net Weight of Individual Packaged Unit:

1 oz	28.35 g
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Raw Piece Weight	Prepared Piece Weight
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1 oz	0.95 oz
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Baked Item Dimensions

	Minimum	Target	Maximum
Length (")	N/A	N/A	N/A
Width (")	N/A	N/A	N/A
Height (")	N/A	N/A	N/A
Circumference (")	N/A	N/A	N/A
Diameter (")	2.7	2.8	2.9
Weight (oz)	Unbaked 0.9	Unbaked 1	Unbaked 1.1



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ALLERGENS AND SENSITIVE INGREDIENTS

This food contains the following allergens and sensitive ingredients:

Egg
Milk
Soy
Wheat

INGREDIENT STATEMENT

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, INVERT SUGAR, WATER, MARGARINE (PALM OIL, WATER, CONTAINS 2% OR LESS OF: SALT, MONO- AND DIGLYCERIDES, NATURAL FLAVOR, CITRIC ACID, VITAMIN A PALMITATE ADDED, BETA CAROTENE [COLOR]), SOYBEAN OIL, ROLLED OATS, CONTAINS 2% OR LESS OF: BUTTER (CREAM [MILK], SALT), MONO- AND DIGLYCERIDES, BAKING SODA, MODIFIED CORN STARCH, SALT, SOY LECITHIN, NATURAL FLAVORS (CONTAINS MILK), POTASSIUM CHLORIDE, TURMERIC AND ANNATTO (COLOR).
CONTAINS: EGG, MILK, SOY, WHEAT.

CN Statement

1. 7.32 grams whole wheat flour and 0.77 grams oats per 28.35 gram cookie dough piece. 8.09 total whole grains per 28.35 grams cookie dough piece. Meets Whole Grain Rich Criteria (min. 8g whole grain, min. 50% of total grain as whole grain).
2. 4.5 grams enriched flour per 28.35 gram cookie dough piece.
3. 12.59 grams total creditable grains per 28.35 gram cookie dough piece.
4. 0.75 Creditable Grain Ounce Equivalent based on grain content.



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NUTRITION VALUES

100g unrounded:

BAKED

UNBAKED

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Poly Fat (g)	0.888	3.132	Protein (g)	1.455	5.133	Calcium (mg)	4.326	15.258
Gram Weight (g)	28.349	100.000	Saturated Fat (g)	1.150	4.056	Water (g)	4.983	17.577	Iron (mg)	0.538	1.897
Calories (kcal)	107.387	378.798	Trans Fatty Acid (g)	0.059	0.209	Ash (g)	0.393	1.386	Potassium (mg)	51.623	182.094
Calories from Fat (kcal)	28.640	101.025	Cholesterol (mg)	8.813	31.087	Vitamins			Sodium (mg)	77.227	272.411
Calories from SatFat (kcal)	10.348	36.503	Carbohydrates (g)	18.201	64.203	Vitamin A - IU (IU)	67.123	236.771			
Fat (g)	3.192	11.261	Total Dietary Fiber (g)	1.130	3.987	Vitamin C (mg)	0.005	0.016			
Mono Fat (g)	0.993	3.502	Total Sugars (g)	8.662	30.554	Minerals					

100g unrounded:

BAKED

Baked nutrition provided as a courtesy. Oven bake losses vary. A 5% bake loss was assumed.

UNBAKED

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Poly Fat (g)	0.888	3.297	Protein (g)	1.455	5.403	Calcium (mg)	4.326	16.061
Gram Weight (g)	26.932	100.000	Saturated Fat (g)	1.150	4.269	Water (g)	3.566	13.239	Iron (mg)	0.538	1.997
Calories (kcal)	107.387	398.735	Trans Fatty Acid (g)	0.059	0.220	Ash (g)	0.393	1.458	Potassium (mg)	51.623	191.678
Calories from Fat (kcal)	28.640	106.342	Cholesterol (mg)	8.813	32.724	Vitamins			Sodium (mg)	77.227	286.748
Calories from SatFat (kcal)	10.348	38.424	Carbohydrates (g)	18.201	67.582	Vitamin A - IU (IU)	67.123	249.233			
Fat (g)	3.192	11.853	Total Dietary Fiber (g)	1.130	4.196	Vitamin C (mg)	0.005	0.017			
Mono Fat (g)	0.993	3.686	Total Sugars (g)	8.662	32.162	Minerals					

Retail panel (per serving):

UNBAKED

BAKED

Baked nutrition provided as a courtesy. Oven bake losses vary. A 5% bake loss was assumed.

Nutrition Facts	
Serving Size 1 cookie dough piece (28g)	
Servings Per Container 384	
Amount Per Serving	
Calories 110	Calories from Fat 30
Calories from Saturated Fat 10	
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 10mg	3%
Sodium 75mg	3%
Potassium 50mg	1%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 1g	
Vitamin A 2%	Vitamin C 0%
Calcium 0%	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	Less than 3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

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Sugars 9g	
Protein 1g	
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Prepared By: *Tracy Ramirez* Tracy Ramirez, Regulatory Manager