

# Hadley Farms

## Nutrition Label

### 373IW Whole Grain Pumpkin Swirl Roll 2.7 oz

| <b>Nutrition Facts</b>  | Amount/serving      | %DV*           | Amount/serving         | %DV*       |
|---|---------------------|----------------|------------------------|------------|
| Serv. Size 1 roll (76g)<br>Serv. Per Cont. 36<br><b>Calories</b> 220<br>Fat Cal. 50 | <b>Total Fat</b> 6g | <b>9%</b>      | <b>Total Carb.</b> 38g | <b>13%</b> |
|   | Sat. Fat 1g         | <b>6%</b>      | Fiber 3g               | <b>12%</b> |
|   | <i>Trans</i> Fat 0g |                | Sugars 12g             |            |
|   | <b>Cholest.</b> 0mg | <b>0%</b>      | <b>Protein</b> 5g      |            |
|   | <b>Sodium</b> 230mg | <b>10%</b>     |                        |            |
| *Percent Daily Values (DV) are based on a 2,000 calorie diet.                       | Vitamin A 45%       | • Vitamin C 0% | • Calcium 4%           | • Iron 10% |

**INGREDIENTS:**

Whole Grain White Wheat Flour, Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Pumpkin Filling (Sugar, Pumpkin, Fructose, Margarine [Palm and Soybean Oil, Soybean Lecithin, Mono & Diglycerides, Artificial Butter Flavor, Beta Carotene (Color), Vitamin A Palmitate added], Water, White Whole Wheat Flour, Modified Corn Starch, Spices), Sugar, Soybean Oil, Crystalline Fructose, Contains 2% or less of: Egg Replacer (Whole Soy Flour, Corn Syrup Solids, Algin), Dough Conditioners (Wheat Flour, DATEM, Guar and/or Arabic Gums, Mono & Diglycerides, Soybean Oil, Salt, Enzymes, Calcium Sulfate, Ascorbic Acid, L-Cysteine), Yeast (Leavening), Vital Wheat Gluten, Milk Powder Replacer (Soy Flour, Corn Flour), Salt, Natural Orange Emulsion (Natural Flavor, Propylene Glycol, Gum), Stabilizer (Calcium Carbonate, Agar, Locust Bean Gum, Mono & Diglycerides), Corn Syrup, Malt Powder (Malted Barley, Dextrose), Hydrogenated Palm Kernel Oil, Shortening (Palm Oil, and Soybean Oil, Mono & Diglycerides), Vanilla, Soybean Lecithin, Potassium Sorbate, Citric Acid, and Calcium Propionate as preservatives.

16.69 grams Whole Grain per Roll (51%)  
 16.04 grams Enriched Grain per Roll (49%)  
 2 OZ EQ per Roll

Competitive Foods Data  
 Percent Calories from Fat (<=35%) 24.54%  
 Percent Calories from Sat Fat (<10%) 4.09%  
 Percent Sugar by Weight (<=35%) 15.79%

**ALLERGEN INFORMATION:**  
 CONTAINS: Soy, Wheat