

Morningstar Farms® Spicy Black Bean Burger - CN Label

Morningstar Farms® Spicy Black Bean Vegetable Pattie. This product is part of the Child Nutrition Labeling Program.

Product Type
MSF Veggie Burgers

Product Category
Veggie Burgers

UPC Code
2898949938

Servings/Case
48 ct

Format
Bulk

Net Weight
9.20

Sizes
2.9 oz

Allergen Information
CONTAINS SOY, WHEAT, MILK AND EGG INGREDIENTS.

Dietary Exchange Per Serving
1 Fat; 1/2 Carbohydrates; 2 Protein

Kosher Status
1 Fat; 1/2 Carbohydrates; 2 Protein

Bread/Grain Equivalents
0.25

Shelf Life
365 days (12 months)

Country of Origin
Distributed in USA



Date Printed: 07/08/2013

**MORNINGSTAR FARMS®
SPICY BLACK BEAN BURGER**

Nutrition Facts

Serving Size 1 Burger (82g)
Servings Per Container 48

Amount Per Serving

Calories 180 **Calories from Fat 60**

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 1g **5%**

Trans Fat 0g

Polyunsaturated Fat 4g

Monounsaturated Fat 1.5g

Cholesterol 0mg **0%**

Sodium 390mg **16%**

Potassium 280mg **8%**

Total Carbohydrate 14g **5%**

Dietary Fiber 6g **23%**

Sugars 2g

Protein 14g **26%**

Vitamin A 0%	•	Vitamin C 0%
Calcium 4%	•	Iron 8%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Sat Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Potassium		3,500mg 3,500mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g
Protein		50g 60g
Calories per gram:		
Fat 9	•	Carbohydrate 4 • Protein 4

INGREDIENTS: TEXTURED VEGETABLE PROTEIN (WATER, SOY PROTEIN CONCENTRATE, WHEAT GLUTEN, CARAMEL COLOR), COOKED BLACK BEANS (BLACK BEANS, WATER), COOKED BROWN RICE (WATER, BROWN RICE), ONION, CORN OIL, WATER, SODIUM CASEINATE, DICED TOMATOES (TOMATOES, TOMATO JUICE, SALT, CITRIC ACID, CALCIUM CHLORIDE), EGG WHITES, ROASTED CORN, WHOLE KERNEL CORN, BULGUR WHEAT, GREEN CHILES (GREEN CHILE PEPPERS, WATER, SALT, CITRIC ACID, CALCIUM CHLORIDE), CONTAINS TWO PERCENT OR LESS OF CALCIUM CASEINATE, CORNSTARCH, ONION POWDER, SPICES, YEAST EXTRACT, DRIED TOMATOES, DEXTROSE, GARLIC POWDER, SALT, HYDROLYZED VEGETABLE PROTEIN (CORN GLUTEN, WHEAT GLUTEN, SOY PROTEIN), SOY SAUCE (SOYBEANS, WHEAT, SALT), NATURAL AND ARTIFICIAL FLAVORS, PAPRIKA (FOR COLOR), JALAPENO PEPPER, XANTHAN GUM, DISODIUM INOSINATE, LEMON OIL, LACTIC ACID.

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NLI# 06997