Morningstar Farms® Garden Veggie Patties™

Veggie-style veggie burger made from a blend of 7 vegetables (mushrooms, water chestnuts, onions, carrots, green and red bell peppers, black olives) and savory flavors.

Product Type
MSF Veggie Burgers

Product Category
Veggie Burgers

UPC Code
2898997712

Servings/Case
48 ct

Format
Bulk

Net Weight
11.00

Sizes
3.5 oz

Allergen Information
CONTAINS WHEAT, SOY, EGG, AND MILK INGREDIENTS.

Dietary Exchange Per Serving
1 Carbohydrate, 1 Fat, 2 Protein

Kosher Status
1 Carbohydrate, 1 Fat, 2 Protein

Bread/Grain Equivalents

Shelf Life
540 days (18 months)

Country of Origin
Distributed in USA

Date Printed: 07/08/2013

MorningStar Farms®
Garden Veggie Patties®

Nutrition Facts

Serving Size 1 Patty (100g)

Amount Per Serving

Calories 170 Calories from Fat 60

	% Daily Value*
Total Fat 6g	**9%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	**0%**
Sodium 540mg	**23%**
Potassium 250mg	**7%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 3g	**13%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: HYDRATED WHEAT GLUTEN (WATER, WHEAT GLUTEN), HYDRATED SOY FLOUR (WATER, SOY FLOUR), MUSHROOMS (MUSHROOMS, WATER, SALT), WATER CHESTNUTS (WATER CHESTNUTS, WATER, CITRIC ACID), ONION, CARROTS, COOKED BROWN RICE (WATER, BROWN RICE), WHOLE GRAIN OATS, CORN OIL, EGG WHITES, CALCIUM CASEINATE (FROM MILK), GREEN PEPPERS, SOY SAUCE (WATER, SOYBEANS, SALT, WHEAT), RED BELL PEPPERS, CONTAINS TWO PERCENT OR LESS OF SOY PROTEIN CONCENTRATE, WATER, ONION POWDER, CORNSTARCH, BLACK OLIVES (RIPE OLIVES, WATER, SALT, FERROUS GLUCONATE [COLOR]), SUGAR, SOY PROTEIN ISOLATE, HYDROLYZED CORN PROTEIN, SALT, SPICES, HYDROLYZED WHEAT PROTEIN, HYDROLYZED SOY PROTEIN, YEAST EXTRACT, GARLIC POWDER, THIAMIN

Sugars 2g			
Protein 16g			**30**%
Vitamin A	0%	• Vitamin C	0%
Calcium	8%	• Iron	8%

HYDROCHLORIDE, JALAPENO PEPPER, NATURAL FLAVOR, DEXTROSE, CARAMEL COLOR, CELERY EXTRACT.

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