YOGURT BLND STRAWBERRY BANANA LIGHT & FIT NON FAT

YOGURT BLND STRWBAN LIGHT NFAT 621

Nutrition facts

Serving Size: 170 GR

Servings Per Case: 12

Amount Per Serving

Calories: 80 Calories from Fat: 0

	Per Serving	% Daily Value*
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	4.9 mg	1%
Sodium	75 mg	3%
Total Carbohydrate	16 g	4%
Dietary Fiber	0 g	0%
Sugars	11 g	
Protein	5 g	

Per Srv		Per Srv	
Vitamin A	8%	Vitamin C	0%
Calcium	15%	Iron	0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9 Carbohydrate 4 Protein 4

Product Specifications:

Code	SCC	Units/Case	Unit Size/Measure	Servings/case
621	20036632006213	12	6 OZ	12

Brand	IFDA Category	IFDA Class
DANNON LIGHT & FIT	Dairy Products	Yogurt

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
4.92 LB	4.5 LB	US	Yes	No

Shipping Information					
Length	Width	Height	TI x HI	Shelf Life	Storage Temp From/To
15.25 IN	6.75 IN	2.938 IN	18 x 21	25 Days	38 ºF / 45 ºF

Ingredients:

NONFAT YOGURT [CULTURED GRADE A NONFAT MILK, MODIFIED FOOD STARCH, FRUCTOSE, KOSHER GELATIN, VITAMIN A PALMITATE, VITAMIN D3], WATER, STRAWBERRIES, FRUCTOSE, CONTAINS LESS THAN 1% OF MODIFIED CORN STARCH, BANANA PUREE, NATURAL AND ARTICIFIAL FLAVORS, ASPARTAME, POTASSIUM SORBATE (TO MAINTAIN FRESHNESS), SODIUM CITRATE, ANNATTO EXTRACT (FOR COLOR), MALIC ACID, ACESULFAME POTASSIUM, SUCRALOSE, RED 40. CONTAINS ACTIVE YOGURT CULTURES.

Handling Suggestions:

This product can be consumed on it's own, or as a part of a healthy meal or snack.

This product is an individual plastic cup with a foil lid. Each cup is marked with an individual UPC code that can be scanned. It must be stored in refrigeration. Product should be stored in an upright position.

This product can be consumed directly from the container. No preparation required. It should be stored in refrigeration up until the time of consumption.

Benefits:

LNF yogurt made from milk that has less than .5% milkfat. Dannon individual serve products provide a healthy meal/snack alternative with grab'n'go convenience. Excellent source of calcium. 80 calories per cup, 0 fat.