

2022-2023

HEALTHY
MEALS



Middlesex County Stem Charter School

Breakfast

Student Breakfast	\$2.50	Adult Breakfast	\$3.00
Reduced Breakfast	\$0.00		

Lunch

Student Lunch	\$4.00	Adult Lunch	\$4.75
Student Entrée Only	\$2.95	Reduced Lunch	\$0.00
		Pizza Slice	\$2.95

Beverages

Milk	\$.70	100% Juice 4 oz.	\$.70
Bottled Water 8oz. / 16 oz.	\$.65 / 1.25	Capri Sun	\$1.50
Gatorade (Grades 9-12 only)	\$1.75	Drinks 12 oz.	\$1.50

A-la-Carte Snacks

Fresh or Chilled Fruit	\$.75	Bagel with Butter	\$1.25
Fresh Fruit in a clamshell	\$1.50	Bagel with Cream Cheese	\$1.50
Vegetable Side	\$.75	Soft Pretzel	\$.75
Small Side Salad	\$1.50	Fresh Baked Cookie	\$.65
Mini Donuts	\$2.25	Ice Cream	\$1.25
Baked Chips	\$.95	Rice Krispie Treat	\$1.25
Yogurt 4oz.	\$1.25	Pop Tart	\$1.10
Yogurt Parfait	\$2.95	Churro / Cupcake	\$1.25



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QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

healthy kids!