

LUNCH

School Lunches come with **5** components:



1. Lean Protein

You can choose one of these lean protein items such as chicken, a hamburger, or low fat cheese.



2. Whole Grains

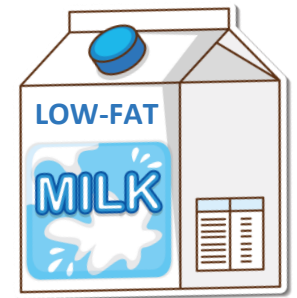
You can choose one of these whole grain items such as bread, rice, or pasta.



3. Hot and/or Cold Vegetable



4. Fruit and/or 100% Juice



5. Low-fat Milk

A Reimbursable Meal includes at least 3 items listed above, and 1 needs to be a fruit or vegetable.

Meals that are not reimbursable will be á la carte and charged separately.

Take all 5 items for the best deal!



MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow

healthy kids!