

2022-2023

HEALTHY
MEALS



Saint Benedict's Preparatory School

Breakfast

Student Breakfast	\$2.25	Adult Breakfast	\$3.25
Reduced Breakfast	\$0		

Lunch

Student Lunch	\$3.50	Adult Lunch	\$4.50
Student Entrée Only	\$3.00	Reduced Lunch	\$0
Burger/Cheese Burger	\$2.50	Chicken & Cheese	\$2.50
Chicken Wings	\$0.50	French Fries	\$1.50
		Cheese Fries	\$1.75

Beverages

Milk	\$0.60	100% Juice 4 oz.	\$0.65
Bottled Water 8oz/16oz	\$0.50/\$1.00	Snapple 100% Juice	\$1.25/\$2.00
Gatorade	\$1.25/\$1.50		

A-la-Carte Snacks

Fresh or Chilled Fruit	\$0.75	Fresh Baked Cookie	\$0.50
Fresh Baked Pretzel	\$1.50/\$2.00	Yogurt Parfait	\$2.00/\$2.75
Ice Cream	\$1.00/\$2.00	Pop-Tart	\$0.75/\$1.25
Funnel Cake/Donuts	\$1.25	Assorted Baked Chips	\$1.00
Cinnamon Bun	\$1.50	Fruit Snacks	\$0.50
Breakfast Cereal Bar	\$1.00		
Muffins	\$1.50		
Brownie	\$1.00		



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QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

healthy kids!