

Anthony & Sons Bakery, Inc.
 Nutrition Label Report
 Whole Wheat Dinner Roll Code # 42

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Nutrition Facts	
1 serving per container	
Serving size	2 1/5 oz (62g)
Amount per serving	
Calories	140
<small>% Daily Value *</small>	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber 2g	8%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 1.4mg	8%
Potassium 80mg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.</small>	
<small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small>	

INGREDIENTS: Whole Wheat Flour, Water, Unbromate Unbleached Enriched Wheat Flour(Niacin,Iron,Thiamine Mononitrate,Riboflavin,Folic Acid), Salt, Dough Conditioner:(Soy Flour,Diacetyl TartaricAcid Esters of Mono-andDiglycerides (DATEM), Monoglycerides, Soybean Oil, Calcium Sulfate, Ascorbic Acid, Potassium Bromate, L-Cysteine, Dextrin, Wheat Starch and Enzymes), Shortening All Purpose Vegetable, Sugar, Yeast, Calcium Sulfate, Enzymes, Calcium Propionate(Preservative), Allergen: This Product has been Processed in a Facility where, Wheat, Soy product are present.