

#466



075-153
8-0043

All Natural 100% Whole Grain

White Wheat

*Light in color and texture, these
100% Whole Grain White Wheat
rolls promote a delicate taste
using All Natural ingredients.*



Nutrition Facts		Amount Per Serving	% Daily Value*		% Daily Value*		
Serving Size 1 Roll (57g)		Total Fat	2g	3%	Sodium	240mg	10%
Servings Per Container 8		Saturated Fat	0g	0%	Potassium	140mg	4%
Calories 140		Trans Fat	0g		Total Carbohydrate	29g	10%
Calories from Fat 15		Polyunsaturated Fat	1g		Dietary Fiber	4g	17%
		Monounsaturated Fat	0g		Sugars	3g	
		Cholesterol	0mg	0%	Protein	6g	
		Vitamin A	0%		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
		Vitamin C	0%		Calories: 2,000 2,500		
		Thiamin	15%		Total Fat	Less than 65g	80g
		Riboflavin	4%		Sat Fat	Less than 20g	25g
					Cholesterol	Less than 300mg	300mg
					Sodium	Less than 2,400mg	2,400mg
					Potassium	3,500mg	3,500mg
					Total Carbohydrate	300g	375g
					Dietary Fiber	25g	30g
					Calories per gram:		
					Fat	9	Carbohydrate 4
							Protein 4

INGREDIENTS: WHOLE GRAIN WHITE WHOLE WHEAT FLOUR, WATER, SUGAR, WHEAT GLUTEN, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, CULTURED WHEAT FLOUR, VINEGAR, WHEAT FLOUR, GUAR GUM, CALCIUM SULFATE, ENZYMES, ASCORBIC ACID (DOUGH CONDITIONER). CONTAINS: WHEAT AND SOY.
BAKED FOR: H&S BAKERY, BALTIMORE, MD 21231 ©2011 GSHH Lic #12703, www.hsbakery.com

Hamburger