



Code: 159

Whole Wheat 6" Pita

Nutrition Facts

6 servings per container

Serving size 1 loaf (56g)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 225mg 10%

Total Carbohydrate 30g 11%

Dietary Fiber 3g 11%

Total Sugars <2g

Protein 6g 12%

Vitamin D 0mcg 0%

Calcium 52mg 4%

Iron 1.08mg 6%

Potassium 50mg 1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: STONE GROUND WHOLE WHEAT FLOUR, WATER, WHEAT GLUTEN, YEAST, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SUGAR, SALT, CALCIUM PROPIONATE.

ALLERGEN ALERT: WHEAT

BAKED & DISTRIBUTED BY:
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Revised Date: 07.20.2017

INFORMATION: The information listed above has been compiled from publications of the USDA and from data provided by Ingredient Vendor Suppliers.