

2022-2023

HEALTHY MEALS



School District Name Alpha Public School

Breakfast

Student Breakfast	\$1.75	Adult Breakfast	\$2.25
Reduced Breakfast	\$0.00		

Lunch

Student Lunch	\$3.25	Adult Lunch	\$3.75
Student Entrée Only	\$2.55	Reduced Lunch	\$0.00
		Pizza Slice	\$2.55

Beverages

Milk	\$.70	100% Juice 4 oz.	\$0.75
Bottled Water 8oz/16 oz.	\$0.65/1.25	Capri Sun	\$1.25
Drinks 12oz	\$1.50	.	

A-la-Carte Snacks

Fresh or Chilled Fruit	\$1.00	Bagel with Butter	\$1.25
Yogurt 4oz	\$1.00	Bagel with Cream Cheese	\$1.75
Vegetable Side	\$1.00	Soft Pretzel	\$1.00
Small Side Salad	\$1.75	Fresh Baked Cookie	\$0.65
Baked Chips	\$1..25	Ice Cream Bar/ Cup/ Sandwich	\$1..25
Rice Crispy Treat	\$1.25	Ice Cream Cone/ Twister cup	\$1.75
Poptart	\$1..25	Packaged cookie	\$1.00



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QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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