

2021-2022

HEALTHY
MEALS



Good Shepherd Catholic School

Lunch

Student Lunch	\$4.25	Adult Lunch	\$4.25
Entrée Only	\$3.50		

Beverages

Milk 1/2 pint	\$0.75	100% Juice 4 ounce	\$0.75
Bottled Water 8 oz./16 oz.	\$.75-1.25	Gatorade	\$1.25

A-la-Carte Snacks

Fruit Snack	\$0.75	Assorted Chips	\$1.00
Rice Krispy Treat	\$1.25	Fresh Baked Cookies	\$1.00
Oreo Cookies (4 Pk)	\$1.00	Yogurt Parfait	\$2.25
Goldfish Crackers	\$0.75	Pudding Cup	\$0.75
Fresh Chilled Fruit Cup	\$0.75	Hershey Ice Cream	\$1.00- \$2.00
Fresh Chilled Vegetable Cup	\$0.75		



"MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER."

QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

healthy kids!