



Good Shepherd Catholic School

Welcome Back to School

Healthy Meals Grow *Healthy Kids!*



Did you know your child's school lunch is age appropriate by design and includes a wide variety of healthy options like low-fat milk, fresh fruits and vegetables and whole grains? We take great pride in being able to offer your children healthy food choices so that they can fuel their bodies to get them through the school day and beyond! Money may be placed in student accounts via the pay schools website or with cash or check delivered to the school for lunch, a la carte, milk, extra entrée items, since these items can only be purchased with funds in the student account or with cash.

View your menu <https://goodshepherd.nutrislice.com>

- Register for an online payment account: <https://www.payschoolscentral.com/>

Lunch Begins: August 11, 2021

*All lunches include *grains/breads, meat/meat alternative, fruit/juice/vegetable, and refreshing milk. Students must choose at least 3 items. Make sure 1 is a fruit, 100% fruit juice, or vegetable!*

Student Lunch

\$4.25



If you have any questions, concerns or suggestions, please contact Area Supervisors
 Brian Dever bdever@maschiofood.com
 Josh Stonecypher jstonecypher@maschiofood.com

You can learn more about Maschio's by visiting www.maschiofood.com If you would like to contact our corporate office please call us at (973) 598-0005 or comments@maschiofood.com

We look forward to a great year!

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MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.*



FOOD ALLERGIES?

Please call us at (973) 598-0005 to speak to one of Maschio's registered dietitians.

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