

2022-2023

HEALTHY MEALS



The Greater Egg Harbor Regional High School District 2022-2023 Price List

Breakfast

Student Breakfast	Free	Adult Breakfast	\$2.00
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Lunch

Student Lunch	\$3.50	Adult Lunch	\$4.50
Student Entrée Only	\$2.50	Reduced Lunch	\$ Free

Beverages

Milk 1/2 pint	\$0.70	100% Juice 4 oz	\$0.60
Bottled Water 8 oz. / 16 oz.	\$0.55/\$1.00	Snapple 100% Juice	\$2.00
Assorted Drinks	\$1.25-\$2.00	Flavored Water	\$2.00
Coffee/Tea 12 oz	\$1.00		

A-la-Carte Snacks

Fresh Fruit	\$0.75	Vegetable Side	\$0.75
Small Fruit Cup 1/2 c.	\$0.75	Large Vegetable Cup	\$1.50
Side Salad	\$1.50	Baked Chips	\$1.00
French Fries 1/2 c. / 1 c.	\$1.50	Fresh Baked Cookie	2/ \$1.00
Yogurt Parfait	\$2.50	Hot Soft Pretzel	\$1.25
Ice Cream	\$1.00-\$1.50	Soup with Crackers	\$2.00
Hummus Cup 4 oz	\$1.75	100% Juice Slushie	\$1.50



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QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

healthy kids!