

2022-2023

HEALTHY
MEALS



Perth Amboy Catholic School

Breakfast

Student Breakfast	\$2.00	Adult Breakfast	\$2.50
Reduced Breakfast	\$0.00		

Lunch

Student Lunch	\$3.60	Adult Lunch	\$4.25
Student Entrée Only	\$3.00	Reduced Lunch	\$0.00
Extra Entrée with Lunch	\$2.50		

Beverages

Milk 1/2 pint	\$0.75	100% Juice 4 oz.	\$0.75
Bottled Water 8 oz/16 oz	\$1.00/\$1.50	100% Sparkling Juice	\$1.75
Snapple	\$1.75	G2	\$2.25

A-la-Carte Snacks

Fresh or Chilled Fruit	\$0.75	Assorted Baked Chips	\$1.25
Vegetable Side	\$0.75	Small Fresh Baked Cookie	\$0.75
Soft Pretzel	\$1.50	Large Fresh Baked Cookie	\$1.25
Small Ice Cream	\$1.25	Rice Krispie Treat	\$1.50
Large Ice Cream	\$1.50	Whole Grain Pop Tart	\$1.00
100% Fruit Roll Up/Snacks	\$1.00	French Fries	\$2.00
Soup with Crackers	\$2.00		



"MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER."

QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

healthy kids!