

2022-2023

HEALTHY MEALS



Plainfield Public Middle School

Breakfast

Student Breakfast	\$0.00	Adult Breakfast	\$2.80
Reduced Breakfast	\$0.00	Side Breakfast Meat	\$1.75

Lunch

Student Lunch	\$2.25	Adult Lunch / Entrée only	\$4.80 / \$3.80
Student Entrée Only	\$1.25	Reduced Lunch	\$ 0.00
Extra Entrée with Lunch	\$2.25	Pizza Slice	\$2.25

Beverages

Milk	\$.55	100% Juice 4 oz.	\$.55
Bottled Water 16 oz.	\$1.25	Coffee	\$1.25 / \$1.75
Drinks 16 oz.	\$1.50 / 2.00	Drinks 12 oz.	\$1.25

A-la-Carte Snacks

Fresh or Chilled Fruit	\$.75	Chicken Wings	\$3.25
Fresh Fruit in a clamshell	\$3.25	Bagel with Cream Cheese	\$1.25 / 1.50
Vegetable Side	\$1.75	Donuts/Muffin/Pastry	\$1.25/1.75
Small Side Salad	\$2.80	Soft Pretzel	\$1.25
Savory Soup	\$2.25	Fresh Baked Cookie	3/\$ 1.25
Baked Chips	\$1.25	Ice Cream	\$1.25 / \$1.75
Yogurt 4oz.	\$1.25/1.75	Jamaican Beef Patty	\$2.25
Yogurt Parfait	\$2.75	Pop Tart / Cereal	\$1.25



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QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

healthy kids!