



# West Amwell

## Welcome Back to School

Healthy Meals Grow *Healthy Kids!*

Did you know your child's school lunch is age appropriate by design and includes a wide variety of healthy options like lowfat milk, fresh fruits and vegetables and whole grains? We take great pride in being able to offer your children healthy food choices so that they can fuel their bodies to get them through the school day and beyond! Meals are offered at no charge for all students again this school year due to continued USDA funding. Money may still be placed in student accounts for a la carte, milk, extra entrée items etc. There will be no charging allowed for a la carte items.

- View your menu <https://shrsd.nutrislice.com/>
- Register for an online payment account <https://www.mypaymentsplus.com/>

### Lunch Begins: Sept. 1, 2021

*All lunches include \*grains/breads, meat/meat alternative, fruit/juice/vegetable, and refreshing milk. Students must choose at least 3 items. Make sure 1 is a fruit, juice, or vegetable!*

<b>Student Lunch</b>	<b>*\$0.00</b>
<b>Adult Lunch</b>	<b>\$4.00</b>

*\*Student Meals are at no cost this school year under continued USDA funding*

**Free & Reduced Meals** Parents may apply at any time during the school year for free or reduced meals to ensure their eligibility for when the USDA funding is no longer in place for no cost meals. Please contact your school board office for an application or visit your school district website where you can also find our monthly menus, price lists, nutritional information, newsletters, and important updates. If you have any questions, concerns, or suggestions, please contact your cafeteria manager: [ismith@maschiofood.com](mailto:ismith@maschiofood.com)



MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.\*



#### FOOD ALLERGIES?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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