



#124

Original English Muffins 6ct 12oz. 07.25.19

Nutrition Facts

6 servings per container

Serving size 1 Muffin (57g)

Amount per serving

Calories 120

% Daily Value*

Total Fat 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 230mg 10%

Total Carbohydrate 23g 8%

Dietary Fiber 1g 4%

Total Sugars 1g

Includes 1g Added Sugars 2%

Protein 5g

Vitamin D 0mcg 0%

Calcium 40mg 4%

Iron 1.4mg 8%

Potassium 40mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), WATER, YEAST, SUGAR, WHEAT GLUTEN, CONTAINS LESS THAN 2% OF YELLOW CORN MEAL, YELLOW CORN FLOUR, SALT, SOYBEAN AND/OR CANOLA OIL, VINEGAR, CALCIUM PROPIONATE (PRESERVATIVE), WHITE CORN MEAL, FUMARIC ACID, MALTED BARLEY FLOUR, SODIUM DIACETATE, MALT POWDER, LACTIC ACID, CALCIUM SULFATE, SOY LECITHIN, HYDROGENATED SOYBEAN OIL, ENZYMES.

ALLERGENS

CONTAINS: WHEAT, SOY

07/25/2019BM

The information provided is true and accurate to the best of our knowledge as of the date and time listed below and may be revised and/ or updated at any time without notice.

07/25/2019 09:09AM

