PRODUCT NAME: CLUB RL WG SM 1.80Z SOL DZ

Ingredients: Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Base (Salt, Soybean Oil, Dextrose, Sugar, Defatted Soy Flour, Mono- Diglycerides, Calcium, Stearoyl Lactylate, Potassium Iodate, Soy Lecithin, Ascorbic Acid (Vitamin C), Enriched Wheat Flour, L-Cysteine Hydrochloride, Enzymes (Wheat)), Contains Less Than 2% Of Corn Meal, Soybean Oil, Wheat Gluten, Yeast.



Nutrition Fa	acts
servings per container Serving size 1 Ro	II 1.85oz
A	(52g
Amount per serving Calories	120
% D	aily Value
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%
Total Carbohydrate 25g	9%
Dietary Fiber 3g	119
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 5g	
Vitamin D 0mcq	0%
Calcium 18mg	29
Iron 2mg	10%
	109
Potassium 74mg *The % Daily Value tells you how much a n serving of food contributes to a daily diet. 2	utrient in a
day is used for general nutrition advice. Calories per gram:	

PRODUCT CODE: 1412-01

FRESH
PARVE
DZ
SOL DZ
CLUB WG
CLUB WHEAT ROLLS
ROLLS CLUB
LOOSE

Contains: Contains Soy, Sulfites, Wheat.



The information listed above has been compiled from publications of the USDA and from data provided by Rockland Bakery suppliers.