

# Waffles, WG, Wholesome Choice, Gourmet, Bulk (#1453)



Our delicious Whole Grain Waffles are Wholesome Choice, meaning they are free from artificial flavors, colors, preservatives and sweeteners. They are also USDA Smart Snack approved, making them a guilt-free choice any day of the week.

## General Specifications

Pack: 144/1.3 oz  
 Kosher: No  
 Shelf Life: 1 day at ambient. 3 days refrigerated. 365 days frozen.  
 Status: Available



## Nutrition Facts

Serving size 1 Waffle (37g)

Amount per serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> <5mg	<b>1%</b>
<b>Sodium</b> 105mg	<b>6%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 1g	4%
Sugars 2g	
Includes 1g Added Sugars	2%
<b>Protein</b> 2g	
<b>Vitamin D</b> 0.2mcg	<b>2%</b>
<b>Calcium</b> 30mg	<b>2%</b>
<b>Iron</b> 0.7mg	<b>4%</b>
<b>Potassium</b> 40mg	<b>0%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## SCHOOL SPECIFICATIONS

USDA Smart Snack: Yes  
 Nutritional Ratio: 34-0-5

OZ Grain Equivalents: 1.0  
 Whole Grain: 11.12g, 56%  
 Enriched Flour: 8.89g  
 Combined Flour 20.01g

## INGREDIENTS

Water, Whole Grain Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Sugar, Milk Solids, Eggs, Less than 2%: Soy Lecithin, Wheat Bran, Sodium Acid Pyrophosphate, Salt, Baking Soda, Monocalcium Phosphate.

## ALLERGENS

Contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.

## Instructions

### PREPARATION

Convection Oven: Pre-heat to 350F. Remove waffles from the bag. Place frozen waffles in a single layer on an ungreased baking sheet. Bake 5-7 minutes and check (bake until lightly toasted, do not over bake) Leave uncovered in warmer for no more than 15-20 minutes before serving.



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For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F.

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## Case Specifications

GTIN: 00737410145303

Dimensions: 17" x 13" x 7.75"

Cube: 0.99

Gross Weight: 12.96 lb

Per Pallet: 80

Tier x Height: 8 x 10

Inside Pack: 144 pieces per case

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## Bid Specification

Bake Crafters Waffles, WG, Wholesome Choice, Gourmet, Bulk; must be whole grain rich and provide 1.0 ounce grain equivalent. Portion to provide at least 55.0 calories, with no more than 4 grams of fat. Must contain less than 155.0 milligrams of sodium. Acceptable brand: Bake Crafters 1453.

