Effective Date: 04/3/2020
Supersedes: 03/04/2020

Code: 33504

Serving Size: 2.69 oz

Product Name: Oven Ready Whole Grain Breaded Onion Rings **Pack: 6 / 5 lb bags**

Each 2.69 oz serving of Whole Grain Breaded Onion Rings provides 1.0 oz eq grains and ¼ cup other vegetable.

Product Info

Nutrition Facts

Serving Size 5 Pieces (77g)

Amount Per Serving	
Calories 200	Calories from Fat 70
	% Daily Value*
Total Fat 8g	**12%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 200mg	**8%**
Total Carbohydrate 28g	**9%**
Dietary Fiber 3g	**12%**
Sugars 5g	
Protein 3g	

Vitamin A 0% • Vitamin C 4%

Calcium 10% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

PREPARATION – for best results
Keep frozen until ready to prepare

1.Preheat convection oven to 425°F (conventional oven to 450°F).

2.Place frozen breaded onion rings on parchment lined full sheet pan.

3.Bake onion rings for 10 – 11 minutes until crispy (bake in conventional oven for 12 – 14 minutes). **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.**

4.Remove from oven. Serve.

5.Holding: Hold for up to 1 hour in a dry warmer at 145°F.

Shelf life:	15 months frozen (-10° - 15°F)	
Ti-Hi:	5 x 9	
Cases/pallet:	45	
Case cube:	1.91 ft^3;	Dimension: 23.25"x15.81"x9.00"
Pallet height:	86.50-in	
Gross case wt:	31.00 lbs	Net: 30.00 lbs
Pallets/truck:	28	
UPC:	10652777002526	

ALLERGENS: Contains Wheat & Milk
Manufactured in a facility that also processes Egg

GRAINS: At least 50% of the grains used in this product are whole grains

Onion Rings (Onions, Whole Wheat Flour, Water, Enriched Unbleached Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Corn Starch, Sugar, Contains Less than 2% of: Yellow Corn Flour, Onion Powder, Garlic Powder, Whey, Yeast, Modified Corn Starch, Spice, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Extractives of Paprika, Guar Gum, Methylcellulose, Calcium Chloride, Sodium Alginate, Salt, Soybean Oil). Prefried in Vegetable Oil.

Director of Quality & Food Safety

CONTAINS: 178 – 2.69 OZ SERVINGS PER CASE
(5 ONION RINGS PER SERVING)

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