

Product Name	Original Grahams
Flavor Descriptor	
NLI Description	Production
Brand	Keebler



Date Created	01/07/20
NLI #	15003
Kosher Status	OK Pareve
Product of	U.S.A.

USDA Ounce Equivalents of Grain per Serving	1
USDA Ounce Equivalents of Meat/Meat Alternate	
Whole Grains (g/serving)	8 g

Serving Size	1 Package	
Serving Size g	22	
Serving Size oz		
Amount Per Serving		
Calories	90	
		% Daily Value*
Total Fat	2.5 g	3 %
Saturated Fat	0 g	0 %
Trans Fat	0 g	
Polyunsaturated Fat		
Monounsaturated Fat		
Cholesterol	0 mg	0 %
Sodium	100 mg	4 %
Total Carbohydrate	17 g	6 %
Dietary Fiber	1 g	4 %
Soluble Fiber		
Insoluble Fiber		
Total Sugars	4 g	
Includes 4g Added Sugars	4 g	8 %
Sugar Alcohol		
Protein	2 g	
Vitamin D	0 mcg	0 %
Calcium	10 mg	0 %
Iron	0.7 mg	4 %
Potassium	50 mg	0 %
Vitamin A		%
Vitamin C		%
Vitamin E		%
Vitamin K		%
Thiamin		%
Riboflavin		%
Niacin		%
Vitamin B6		%
Folate	mcg DFE	mcg DFE %
Folic Acid		%
Vitamin B12		%
Biotin		%
Pantothenic Acid		%
Phosphorus		%
Iodine		%
Magnesium		%
Zinc		%
Selenium		%
Copper		%
Manganese		%
Chromium		%
Molybdenum		%
Chloride		%
Choline		%
Fluoride		%

Ingredients:
Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), **sugar, canola oil, molasses, corn syrup.**
Contains 2% or less of leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), salt, soy lecithin.

ALLERGEN INFORMATION:
CONTAINS WHEAT AND SOY INGREDIENTS.

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container
00030100918318	Package	0.78 OZ (22g)	1
00030100918295	Case	7 LB 5 OZ (3.3kg)	150
		150 - 0.78 OZ (22g) pkgs	

Nutrient Contents Per 100g			
Calories	427	Vitamin E	0 mg
Total Fat	12.2 g	Vitamin K	NA mcg
Saturated Fat	0.9 g	Thiamin	0.41 mg
Trans Fat	0.2 g	Riboflavin	0.23 mg
Polyunsaturated Fat	3.4 g	Niacin (NE)	5.8 mg
Monounsaturated Fat	6.5 g	Vitamin B6	0.13 mg
Cholesterol	0 mg	Folate (DFE)	112 mcg
Sodium	459 mg	Folic Acid	57 mcg
Total Carbohydrate	75.5 g	Vitamin B12	0.0 mcg
Dietary Fiber	5.2 g	Biotin	NA mcg
Soluble Fiber	0.6 g	Pantothenic Acid	NA mg
Insoluble Fiber	3.9 g	Phosphorus	204 mg
Total Sugars	18.7 g	Iodine	NA mcg
Added Sugars	18.5 g	Magnesium	52 mg
Sugar Alcohols	NA g	Zinc	1.1 mg
Protein	8.1 g	Selenium	NA mcg
Vitamin D	0 mcg	Copper	NA mg
Calcium	53.9 mg	Manganese	NA mg
Iron	3.6 mg	Chromium	NA mcg
Potassium	240 mg	Molybdenum	NA mcg
Vitamin A (RAE)	1 mcg	Chloride	NA mg
Vitamin C	0 mg	Choline	NA mg
Fluoride	NA mg	Moisture	2.9 %
Ash	1.3 %	Whole Grain	37.44 %

NA = Database values for the nutrient do not exist or are incomplete.

Product information can change at any time. Always refer to product package for current nutrition and ingredient information.

Bonnie Farmer

Bonnie Farmer, MS, RD
 Nutrition Labeling & Regulatory Compliance
 Kellogg Company

GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container	GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container	GTIN/UPC Code	Type of Package	Net Weight	Servings Per Container

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