

Chopped Spinach IQF –AFFI
2 lb

| Nutrition Facts | |
|--|--------------------|
| about 11 servings per container | |
| Serving size | 1 cup (81g) |
| Amount per serving | |
| Calories | 30 |
| % Daily Value* | |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 120mg | 5% |
| Total Carbohydrate 3g | 1% |
| Dietary Fiber 1g | 4% |
| Total Sugars 1g | |
| Includes 0g Added Sugars | 0% |
| Protein 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 70mg | 6% |
| Iron 0.9mg | 6% |
| Potassium 230mg | 4% |
| <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> | |
| <small>Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4</small> | |

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