



2898949938 - Morningstar Farms Veggie Burgers Spicy Black Bean Child Nutrition 2.9oz 48ct



A delicious meat free meal for any diet, Morningstar Farms Spicy Black Bean Veggie Burgers are a savory blend of black beans, brown rice, onions, corn, and tomatoes; For a tasty lunch, dinner or barbecue to please vegetarians and meat lovers alike. 48 Bulk packed patties, Morningstar Farms Spicy Black Bean Veggie Burgers are an excellent source of protein (14g per serving; 26% of daily value); Good source of fiber (contains 5g total fat per serving); Contains no artificial flavors or colors.

Brand: Morningstar Farms®

Nutrition Facts

Serving Size 1 Burger (82g)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 5 g	6%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 320 mg	14%
Potassium 290 mg	6%
Total Carbohydrate 16 g	6%
Dietary Fiber 5 g	18%
Sugars 2 g	
Protein 14 g	

Vitamin A 0%	•	Vitamin C
Calcium 60 mg	•	Iron 1.3 mg
Vitamin D 0%	•	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Water, Cooked Black Beans (Black Beans, Water), Cooked Brown Rice (Water, Brown Rice), Onions, Vegetable Oil (Corn, Canola And/Or Sunflower Oil), Whole Kernel Corn, Soy Flour, Sodium Caseinate (Milk), Egg Whites, Tomatoes, Wheat Gluten, Onion Powder, Bulgur Wheat, Green Chiles. Contains 2% Or Less of Calcium Caseinate (Milk), Cornstarch, Spices, Tomato Powder, Tomato Juice, Salt, Cooked Onion And Carrot Juice Concentrate, Garlic Powder, Natural Flavor, Paprika, Soy Sauce Powder (Soybeans, Wheat, Salt), Jalapeno Peppers, Gum Arabic, Citric Acid, Turmeric, Xanthan Gum.

Case Specifications

GTIN	00028989499387	Case Gross Weight	9.20 LB
UPC		Case Net Weight	8.70 LB
Pack Size	48 / 2.9OZ	Case L,W,H	14.73 IN, 8.60 IN, 4.46 IN
Shelf Life	548 Days	Cube	0.32 CF
Tie x High	12 x 15		

Preparation and Cooking

Morningstar Farms Veggie Burgers Spicy Black Bean require preparation

Serving Suggestions

Keep frozen until ready to use; Heat to a minimum internal temperature of 165 degrees Fahrenheit

Packaging and Storage

Frozen

Allergens

CONTAINS:

Eggs or Egg Derivatives, Milk or Milk Derivatives, Soybeans or Soybean Derivatives, Wheat or Wheat Derivatives

Nutritional Claims: Vegetarian