

# Muffins, Wild Blueberry, IW (#1343)



Our wild blueberry muffin delivers a moist, flavorful, wonderful treat.

## General Specifications

Pack: 96/2 oz

Kosher: KVH-D

Shelf Life: 5 days at ambient. 365 days frozen.

Status: Available

## INGREDIENTS

Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour), Water, Sugar, Egg, Soybean/Canola Oil, Blueberries, Dextrose, Wheat Gluten, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Non Fat Dry Milk, Egg Extender (Wheat Flour, Egg Yolk & Solids, Soybean Oil, Guar Gum, Soy Lecithin, Salt, Sodium Bicarbonate, Annatto & Turmeric Oleoresin, Enzymes), Soy Flour, Salt, Modified Food Starch, Natural & Artificial Blueberry Flavor, Baking Soda.

## ALLERGENS

Contains egg, milk, soy, and wheat ingredients. This product is produced in a nut-free facility.

---

## Instructions

### PREPARATION

Thaw desired amount from freezer for approximately two hours, or place in microwave for approximately 30 seconds on high power. Remove all packaging from product before placing in any heating device.

# Muffins, Wild Blueberry, IW (#1343)

Nutrition Facts	
Serving size	2 oz (57g)
Amount per serving	
<b>Calories</b>	<b>160</b>
	% Daily Value*
Total Fat 5g	6%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 140mg	6%
Total Carbohydrate 25g	9%
Dietary Fiber <1g	4%
Sugars 13g	
Includes 13g Added Sugars	26%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 47mg	4%
Iron 1mg	6%
Potassium 20mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Case Specifications

GTIN: 00737410134307  
Dimensions: 19.375" x 12.5" x 8"  
Cube: 1.12  
Gross Weight: 13.32 lb  
Per Pallet: 70  
Tier x Height: 7 x 10  
Inside Pack: 96 pieces per case

## Bid Specification

Bake Crafters Muffins, Wild Blueberry, IW; must provide 1.0 ounce grain equivalent. Portion to provide at least 135.0 calories, with no more than 6 grams of fat. Must contain less than 190.0 milligrams of sodium. Acceptable brand: Bake Crafters 1343.

