



Tia Maria is a brand of Bagelinos LLC

BEEF EMPANADAS

HEAT AND SERVE

Nutrition Facts

Serving size **1 Beef Empanada**
(130g)

Amount per serving
Calories 230

% Daily Value*

Total Fat 5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 310mg	13%
Total Carbohydrate 32g	12%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 47mg	4%
Iron 3mg	15%
Potassium 461mg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HEATING INSTRUCTIONS:

Place frozen empanada on a sheet pan and heat in oven at 375°F for 12-18 minutes or until internal temperature of the products reaches 165°F measured by a calibrated food thermometer.

General Specifications

Code # 09201
Pack: 50/4.58 OZ
Kosher: No
Shelf Life: 365 days frozen.
Status: 2 Weeks Order

MEAL CONTRIBUTION:

1 Empanada provides
2 OZ M/MA &
2 OZ-EQ Grains
Protein Content: 17g

INGREDIENTS

Beef, Whole Grain Corn Flour, Water, Enriched Degermed Yellow Cornmeal (Degerminated Yellow Cornmeal, Ferrous Sulfate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), textured Vegetable Protein (Soy Protein Concentrate, Caramel Color), Onions, Carrots, Celery, Canola Oil, Brown Rice, Potatoes, Garlic, Salt, Garlic Powder, Spices.

ALLEGERNS

Contains Soy.

Case Specifications

Dimensions: 11.5 X 9 3/8 X 8 1/2
Per Pallet: 112 CASES / 5,600 UNITS
Case Weight: 14.31 LBS
Tier x Height: 16 x 7
Pack: 50 Empanadas, 4.58 OZ each
Storage: Keep Frozen



Product Formulation Statement (Product Analysis) for Meat/meat Alternate (M/MA)

Product Name: Tia Maria Beef Empanada

Code No: 9201

Case/Pack/Count/Portion/Size: 50 / 4.58 oz. servings per case

I. Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide	Ounces per Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount*
Beef loin steak, fresh or frozen	1.336	x	0.750	1.002
		x		
		x		
		x		
		x		
A. Total Creditable M/MA Amount				1.002

* Creditable amount - Ounce per portion of creditable ingredient x FBG yield information.

II. Alternate Protein Product (APP)

Description of APP, manufacture's name, & code number	Oz Dry APP per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount***
Textured vegetable protein	0.282	x	64.00	÷ by 18	1.003
		x		÷ by 18	
		x		÷ by 18	
B. Total Creditable APP Amount					1.003
TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest ¼ oz)					2.000

*Percent protein as-is as provided on APP documentation

**18 is the percent protein when fully hydrated

***Creditable amount of APP is ounces dry APP x percent protein as-is divided by 18

Total number of servings purchased 50 / 4.58 oz.

Total oz of meat/meat alternate 2.0 oz

I certify that the above is true and accurate when prepared according to instructions. I further certify that any APP used in this product conforms to Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A)

President

Title

Jorge H. Henao

11/13/18

973-607-1904

Printed Name

Date

Phone Number

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Formulation Statement for Documenting Grains in School Meals

Product Name: Tia Maria Beef Empanada **Code No:** 9201
Case/Pack/Count/Portion/Size: 50 / 4.58 oz. servings per case

I. Does the product meet the Whole Grain-Rich Criteria? Yes No
(Refer to SP-30-2012 Grain Requirements for the National School Lunch Program and School breakfast Program)

II. Does the product contain non-creditable grains: Yes No How many grams: _____
(Products with more than 0.24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains cannot be credited using Exhibit A weights, only by calculating total creditable grains.

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I.
(Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H, 28 grams per oz eq; Group I, volume or weight).

Indicate which Exhibit A Group (A-I) the product belongs: _____

Description of Product per Food Buying Guide	Portion Size (oz) of Product as Purchased	Weight of one ounce equivalent as listed in SP 30-2012	Creditable Amount ¹
A. Total Creditable Amount²			

¹(Portion size) ÷ (Exhibit A weight for one oz eq)

²Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Description of Creditable Grain Ingredient*	Portion Size (g)**	Grams of Creditable Grain Ingredient per Portion ¹	Gram Standard of Creditable Grain per oz equivalent (16g or 28g)	Creditable Amount ²
Whole grain corn flour		27.10	16.00	1.694
Enriched yellow corn meal		8.13	16.00	0.508
A. Total Creditable Amount³				2.00

*Creditable grains are whole-grain meal/flour and enriched meal/flour.

**If known, use the raw dough weight for a more accurate creditable amount.

¹(Portion size) x (% of creditable grains in formula).

²(Grams of creditable grains) ÷ (standard grams of creditable grains from corresponding Group of Exhibit A).

³Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 4.58 oz.

Total contribution of product (per portion): 2.00 oz-eq

I certify that the above information is true and correct and that a 4.58 ounce portion of this product (ready for serving) provides 2.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.25oz per portion.

	President	
	Title	
Jorge H. Henao	11/13/18	973-607-1904
Printed Name	Date	Phone Number

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