



Power Up - Whole Grain Fruity Cheerios Bowl Pack, Apple Juice, Honey Grahams

Ingredients: Apple Juice: 100% Apple Juice (Water Sufficient to Reconstitute Apple Juice Concentrate), Natural Flavors and Citric Acid. **Whole Grain Fruity Cheerios:** Whole Grain Oats, Sugar, Corn Starch, Corn Syrup, Pear Puree Concentrate, Salt, Color (Vegetable Juice, Fruit Juice, and Annatto Extract), Tripotassium Phosphate, Natural Flavor, Sodium Citrate, Citric Acid Added To Preserve Freshness. **Vitamins and Minerals:** Calcium Carbonate, Vitamin C(Sodium Ascorbate), Iron and Zinc (Mineral Nutrients), A B Vitamin (Niacinamide), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamin Mononitrate), Vitamin A (Palmitate), Vitamin B2 (Riboflavin), A B Vitamin (Folic Acid), Vitamin B12, Vitamin D3. **Honey Graham Crackers:** Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Contains 2% or Less of: Oat Fiber, Honey, Salt, Sodium Bicarbonate, Molasses, Added Vitamins and Iron (Ascorbic Acid, Vitamin A Palmitate, Niacinamide, Iron/Electrolytic, Riboflavin, Thiamin Mononitrate, Maltodextrin As Carrier), Extract of Annatto.

Contains: Wheat

Child Nutrition Equivalent

1 Package = 2.0oz. Equivalent Grains, and 1/2 Cup Fruit based on the USDA Food Buying Requirements.

Pack: 60 Meals Per Case

Net. Wt. 23.36 Lbs.

Ti x Hi: 7 x 5

Cases Per Pallet: 35

GTIN: 10819716012002

Minimum Shelf Life: 4 Months

Storage: Ambient Conditions

PUB-0005

Meal

Nutrition Facts

60 servings per container
Serving size 6.23 oz (175g)

Amount per serving
Calories 290

% Daily Value*

Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
TransFat 0g	
Cholesterol 0mg	0%
Sodium 285mg	12%
Total Carbohydrate 60g	22%
Dietary Fiber 4g	14%
Total Sugars 28g	
Includes 15g Added Sugars	30%
Protein 4g	
Vitamin D 1.6mcg	8%
Calcium 119mg	9%
Iron 4.7mg	26%
Potassium 273mg	6%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.