



McCAIN® HARVEST SPLENDOR SWEET POTATO CROSSTRAX CUT FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCF05074

NUTRITION FACTS			
Serving Size 2.97 oz. (84g) FROZEN *			
Amount per Serving			
Calories 180		Calories from Fat 80	
% Daily Value*			
Total Fat 9g			14%
Saturated Fat 1.5g			8%
<i>Trans</i> Fat 0g			
Polyunsaturated Fat 4g			
Monounsaturated Fat 3.5g			
Cholesterol 0mg			0%
Sodium 230mg			10%
Potassium 250mg			7%
Total Carbohydrate 23g			8%
Dietary Fiber 2g			8%
Sugars 7g			
Protein 1g			
Vitamin A 50%	Vitamin C 10%	Calcium 2%	Iron 2%
<p>INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Potato Starch - Modified. Contains 2% or less of Baking Soda, Dextrin, Extractives of Paprika and Turmeric (color), Fiber (Pea, Corn), Molasses Powder (Refiners Syrup, Molasses), Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Xanthan Gum.</p>			

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.97 oz of McCain sweet potato crosstrax fries.

I certify that this information is true and correct.

2/20/2018
Date

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Research and Development

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: Sweet Potatoes, Fries, Frozen, Waffle cut			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	12.0	1/4 cup cooked vegetable	8.4

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 Pounds	13.28	1/2 cup cooked vegetable	7.53

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (6 Bags per Case)	79.67	1/2 cup cooked vegetable	1.26

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato products, frozen	2.67 oz by weight	X	12.0 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup