



## 01701 - BUSH'S Low Sodium Garbanzo Beans 6-111 oz

Garbanzo beans (or "chickpeas") are one of the oldest cultivated legume species. Their nutty taste is an excellent flavor addition to salads and soups. They can be served every way you can think of: cold, warm, ground, baked, fried, spiced, or roasted. They work especially well in Mediterranean, Indian, and Middle Eastern cuisine. Their versatility makes them one of Bush's can do beans. And our low sodium garbanzo beans have the same taste and feel, but with less sodium at only 140mg per serving.



Brand: BUSH'S BEST®

### Nutrition Facts

24 servings per container

Serving size **1/2 cup (0.5cup)**

	Per Serving		Per 100gr	
<b>Calories</b>	<b>130</b>		<b>96.83</b>	
	<b>% DV*</b>		<b>% DV*</b>	
<b>Total Fat</b>	2g	<b>3%</b>	1.54g	<b>2%</b>
Saturated Fat	0g	<b>0%</b>	0.15g	<b>0%</b>
<i>Trans</i> Fat	0g		0g	
<b>Cholesterol</b>	0mg	<b>0%</b>	0mg	<b>0%</b>
<b>Sodium</b>	140mg	<b>6%</b>	108.95mg	<b>0%</b>
<b>Total Carbohydrate</b>	21g	<b>8%</b>	16.12g	<b>6%</b>
Dietary Fiber	4g	<b>15%</b>	3.12g	<b>11%</b>
Total Sugars	4g		2.74g	
Incl. Added Sugars	0g	<b>0%</b>	0g	<b>0%</b>
<b>Protein</b>	7g		5.31g	

Vitamin D	0mcg	0%	0mcg	0%
Calcium	30mg	2%	26.63mg	2%
Iron	1.4mg	8%	1.1mg	6%
Potassium	240mg	6%	184.34mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Ingredients

Prepared Chick Peas, Water, Salt, Calcium Chloride (Firming Agent), Disodium Edta (Promotes Color Retention).

### Case Specifications

GTIN	10039400017018	Case Gross Weight	46.40 LB
Pack Size	6 / 111OZ	Case Net Weight	41.63 LB
Shelf Life	730 Days	Case L,W,H	18.75 IN, 12.50 IN, 7 IN
Tie x High	8 x 7	Cube	0.95 CF

### Each Specifications

GTIN	00039400017011	Each Gross Weight	121 OZ
UPC	039400017011	Each Net Weight	111 OZ
Unit Size	1 / 111OZ	Each L,W,H	6.19 IN, 6.19 IN, 7 IN
		Cube	0.16 CF

### Preparation and Cooking

Empty contents into saucepan. Heat to simmer.

### Serving Suggestions

Add to salads, soups, dips and more.

### Benefits of Using This Product

- Our Garbanzo Beans are grown, cooked and canned in the USA.
- 7g (11%) of plant protein and 4g of fiber per serving
- Good source of fiber (See Nutrition Information For Sodium Content)

### Packaging and Storage

Store in a clean dry place

### Allergens

NOT INTENTIONALLY INCLUDED:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesameseeds or Sesameseed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives

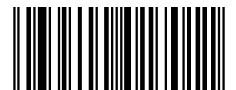
### Barcodes

Case Barcode



10039400017018

Each Barcode



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Nutritional Claims: Gluten Free