

# English Muffins, Whole Grain White, Sliced, 3.5" (#802)



Looking for something fun for breakfast? Try our our whole grain white English muffins! They are pre-sliced for convenience and ready for the toaster. Just add your favorite topping or create a delicious sandwich.

## General Specifications

Pack: 144/2 oz  
 Kosher: KVH  
 Shelf Life: 5 days at ambient. 365 days frozen.  
 Status: Available



## SCHOOL SPECIFICATIONS

Nutritional Ratio: 11-0-2

OZ Grain Equivalents: 2.0  
 Whole Grain: 16.79g, 51%  
 Enriched Flour: 16.14g  
 Combined Flour 32.93g

## INGREDIENTS

Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Thiamine Mononitrate, Niacin, Reduced Iron, Riboflavin, Folic Acid, Malted Barley Flour), Water, Yeast, Wheat Gluten, Contains 2% or less of: Sugar, Soybean Oil, Salt, Calcium Propionate, Fumaric Acid, Baking Soda, Calcium Sulfate, Ammonium Sulfate, Monocalcium Phosphate, Yellow Corn Meal, Potassium Sorbate.

## ALLERGENS

Contains soy and wheat ingredients. This product is produced in a nut-free facility.

## Instructions

### PREPARATION

Handling Instructions: Product will arrive frozen. Store in the freezer. Thaw the amount you want to use at room temperature for 3-4 hours or under refrigeration overnight. Make sure to close bakery bag on any unused product, as not to dry it out. Return unused product to the freezer. Do not refrigerate.

## Nutrition Facts

Serving size **2 oz (57g)**

Amount per serving  
**Calories 120**

	% Daily Value*
<b>Total Fat</b> 1.5g	<b>2%</b>
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 270mg	10%
<b>Total Carbohydrate</b> 21g	8%
Dietary Fiber 1g	3%
Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 6g	
<b>Vitamin D</b> 0mcg	0%
<b>Calcium</b> 90mg	6%
<b>Iron</b> 1.6mg	8%
<b>Potassium</b> 50mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



# English Muffins, Whole Grain White, Sliced, 3.5" (#802)

---

## Case Specifications

GTIN: 00737410802008

Dimensions: 23.188" x 11.125" x 8"

Cube: 1.19

Gross Weight: 19.25 lb

Per Pallet: 42

Tier x Height: 6 x 7

Inside Pack: 12 per bag, 12 bags per case

---

## Bid Specification

Bake Crafters English Muffins, Whole Grain White, Sliced, 3.5"; must be whole grain rich and provide 2.0 ounce grain equivalents. Portion to provide at least 95.0 calories, with no more than 2.5 grams of fat. Must contain less than 320.0 milligrams of sodium. Acceptable brand: Bake Crafters 802.

