



YOGURT LIGHT & FIT STRAWBERRY/RASPBERRY/BLUEBERRY NON FAT

YGRT L&F STR/RASB/BLU NF 468



Product Last Saved Date: 04 November 2020

Nutrition Facts

1 Servings per container

Serving Size 1 Cup (113g)

Amount Per Serving

Calories 50

% Daily Value*

Total Fat 0 g 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 5 mg 1%

Sodium 60 mg 3%

Total Carbohydrates 10 g 4%

Dietary Fiber 0 g 0%

Total Sugars 7 g

Includes 3 g Added Sugars 6%

Protein 4 g

Vitamin D 1 mcg 6%

Calcium 120 mg 10%

Iron 0 mg 0%

Potassium 160 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Pack Description
11776	20036632004684	

Brand	Brand Owner	GPC Description
LIGHT & FIT	Danone US, LLC	Yogurt (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.29 LBR	12.0 LBR	United States	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.25 INH	10.375 INH	5.688 INH	0.521 FTQ	12x11	25 Days	38 FAH / 45 FAH

Ingredients :

STRAWBERRY: CULTURED GRADE A NON FAT MILK, STRAWBERRIES, WATER, MODIFIED FOOD STARCH, CANE SUGAR, CONTAINS LESS THAN 1% OF: NATURAL AND ARTIFICIAL FLAVORS, VEGETABLE JUICE (FOR COLOR), KOSHER GELATIN, SUCRALOSE, ACESULFAME POTASSIUM, SODIUM CITRATE, MALIC ACID, VITAMIN A PALMITATE, VITAMIN D3. RASPBERRY: CULTURED GRADE A NON FAT MILK, WATER, MODIFIED FOOD STARCH, CANE SUGAR, CONTAINS LESS THAN 1% OF RASPBERRY PUREE, FRUIT JUICE AND VEGETABLE JUICE (FOR COLOR), NATURAL AND ARTIFICIAL FLAVORS, KOSHER GELATIN, SUCRALOSE, ACESULFAME POTASSIUM, MALIC ACID, VITAMIN A PALMITATE, VITAMIN D3, SODIUM CITRATE. BLUEBERRY: CULTURED GRADE A NON FAT MILK, WATER, MODIFIED FOOD STARCH, CANE SUGAR, BLUEBERRIES, CONTAINS LESS THAN 1% NATURAL AND ARTIFICIAL FLAVORS, KOSHER GELATIN, FRUIT JUICE AND VEGETABLE JUICE (FOR COLOR), SUCRALOSE, ACESULFAME POTASSIUM, SODIUM CITRATE, MALIC ACID, VITAMIN A PALMITATE, VITAMIN D3

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

This product is a 4 oz. individual plastic cup with a foil lid. It is packaged in multi-pack configuration of 4 each 12 packs that are each banded together. The cups snap apart. It must be stored in refrigeration. Product should be stored in an upright position.

Benefits :

Dannon® Light & Fit® is a great choice for customers who want to manage their weight and feel great.

Serving Suggestions :

This product can be consumed on it's own, or as a part of a healthy meal or snack

Prep & Cooking Suggestions :

This product can be consumed directly from the container. No preparation required. It should be stored in refrigeration up until the time of consumption.

More Information :

Website : Dannon's website is www.dannonfoodservice.com.