

2022-2023

HEALTHY  
MEALS



# Carteret School District Middle & Jr. High Schools

## Breakfast

<b>Student Breakfast</b>	\$1.50	<b>Adult Breakfast</b>	\$2.00
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## Lunch

<b>Student Lunch</b>	\$2.95	<b>Adult Lunch</b>	\$3.50
<b>Student Entrée Only</b>	\$2.35	<b>Pizza Slice</b>	\$2.50
<b>Extra Entrée with Lunch</b>	\$2.35		

## Beverages

<b>Milk</b>	\$0.75	<b>100% Juice 4 oz.</b>	\$0.75
<b>Bottled Water 16 oz.</b>	\$1.50		

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	\$0.50	<b>Pop-Tart</b>	\$1.00
<b>Baked Chips</b>	\$0.75	<b>Soft Pretzel</b>	\$0.50
<b>Vegetable Side</b>	\$1.50	<b>Fresh Baked Cookie</b>	\$0.50
		<b>Ice Cream</b>	\$1.25-\$2.00



"MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER."

### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

*healthy kids!*