

2022-2023

HEALTHY
MEALS



East Newark

Breakfast

Student Breakfast	\$2.00	Adult Breakfast	\$2.40
Reduced Breakfast	\$0.00		

Lunch

Student Lunch	\$3.20	Adult Lunch	\$3.70
Student Entrée Only	\$1.75	Reduced Lunch	\$0.00
Extra Entrée with Lunch	\$1.50		

Beverages

Milk	\$0.75/4	100% Juice 4 oz.	\$0.75
Bottled Water 8 oz./16 oz.	\$0.50/\$1.00		

A-la-Carte Snacks

Fresh or Chilled Fruit	\$0.75	Fresh Baked Cookie	\$0.50
Vegetable Side	\$0.75	Soft Pretzel	\$1.00
Fruit Roll Up	\$0.75	Ice Cream Cup	\$1.00
Baked Chips	\$0.75	Ice Cream Cone	\$1.00



MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!