

## 2023-2024 HEALTHY MEALS

### Breakfast

|                          |        |                         |        |
|--------------------------|--------|-------------------------|--------|
| <b>Student Breakfast</b> | \$2.25 | <b>Adult Breakfast</b>  | \$0.00 |
| <b>Reduced Breakfast</b> | \$0.00 | <b>Adult Coffee Bar</b> | \$0.00 |

### Lunch

|                                |        |                      |        |
|--------------------------------|--------|----------------------|--------|
| <b>Student Lunch</b>           | \$3.25 | <b>Adult Lunch</b>   | \$4.50 |
| <b>Student Entrée Only</b>     | \$2.50 |                      |        |
| <b>Extra Entrée with Lunch</b> | \$2.50 | <b>Reduced Lunch</b> | \$0.00 |

### Beverages

|                                   |               |                         |        |
|-----------------------------------|---------------|-------------------------|--------|
| <b>Milk</b>                       | \$0.85        | <b>100% Juice 4 oz.</b> | \$0.75 |
| <b>Bottled Water</b> 8 oz./16 oz. | \$0.75/\$1.25 |                         |        |
| <b>Smoothie</b>                   | \$2.50        |                         |        |

### À La Carte Snacks

|                               |               |                           |               |
|-------------------------------|---------------|---------------------------|---------------|
| <b>Fresh or Chilled Fruit</b> | \$0.85        | <b>Pudding Cup</b>        | \$1.50        |
| <b>Vegetable Side</b>         | \$0.85        | <b>Soft Pretzel</b>       | \$1.25        |
| <b>Small Side Salad</b>       | \$0.00        | <b>Fresh Baked Cookie</b> | Sm \$.50/lg   |
| <b>Savory Soup</b>            | \$1.00/\$2.00 | <b>Ice Cream</b>          | \$1.50/\$2.00 |
| <b>Baked Chips</b>            | \$1.00        | <b>Rice Krispie Treat</b> | \$1.25        |
| <b>Yogurt Parfait 9 oz.</b>   | \$2.50        | <b>Pop Tart</b>           | \$1.50        |
| <b>Cereal Bar</b>             | \$1.50        | <b>Fruit Rollup</b>       | \$.75         |



#### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow

*healthy kids!*