## **MIDDLESEX HIGH SCHOOL**

## 2023-2024 HEALTHY MEALS

Breakfast			
Student Breakfast	\$1.75	Adult Breakfast	\$2.50
Free/ Reduced Breakfast	\$0.00		
<u>Lunch</u>			
Student Lunch	\$3.90	Adult Lunch	\$4.50
Extra Entrée with Lunch	\$3.40	Free/ Reduced Lunch	\$0.00
Slice of Pizza	\$2.75		
<u>Beverages</u>			
Milk	\$0.80	100% Juice 4 oz.	\$0.80
Bottled Water 8 oz./16 oz.	\$0.75/\$1.50	Coffee/ Tea	\$1.25/ \$1.50
Snapple	\$2.25	Gatorade	\$2.25
À La Carte Snacks			
Fresh or Chilled Fruit	\$1.00	Soft Pretzel	\$1.25
Vegetable Side	\$1.00	Donut	\$1.75
Baked Chips	\$1.50	Fresh Baked Cookie small/ large	\$0.50/ \$1.25
Rice Krispie Treat	\$1.50	Ice Cream small/ large	\$1.75/ \$2.75
-	\$1.00/		
Muffin small/ large	\$2.00	Churro	\$1.00
French Fries	\$1.75	Funnel Cake	\$1.50
Bagel w/ Cream Cheese	\$1.50		



OUESTIONS OR COMMENTS? Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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