

2023-2024

HEALTHY  
MEALS



# Montgomery Township High School

## Lunch

<b>Student Lunch</b>	<b>\$4.50</b>	<b>Adult Lunch</b>	<b>\$5.00</b>
<b>Student Entrée Only</b>	<b>\$3.50</b>	<b>Reduced Lunch</b>	<b>\$0.00</b>
<b>Second Entrée</b>	<b>\$4.00</b>	<b>Yogurt Parfait</b>	<b>\$4.50</b>
<b>Pizza Slice</b>	<b>\$3.00</b>	<b>House Made Soup</b>	<b>\$2.75</b>

## Beverages

<b>Milk</b> 1/2 pint	<b>\$0.85</b>	<b>Coffee</b>	<b>\$1.50</b>
<b>Bottled Water</b> 8 oz./16 oz.	<b>\$0.75/\$1.25</b>	<b>Snapple</b>	<b>\$2.25</b>
<b>100% Juice</b>	<b>\$1.00</b>	<b>Sparkling Water</b>	<b>\$2.75</b>

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit</b>	<b>\$1.00</b>	<b>Baked Chips</b>	<b>\$1.50</b>
<b>Vegetable Side</b>	<b>\$1.00</b>	<b>Soft Hot Pretzel</b>	<b>\$1.50</b>
<b>Yogurt 4 oz</b>	<b>\$1.25</b>	<b>Fresh Baked Muffin</b>	<b>\$2.25</b>
<b>Fresh Baked Cookies – Large</b>	<b>\$1.50</b>	<b>Fruit Snack/Fruit Roll up</b>	<b>\$1.25</b>
<b>French Fries/Onion Rings</b>	<b>\$3.00</b>	<b>Bagel w/Cream Cheese</b>	<b>\$2.00</b>
<b>Whole Grain Fruit Pastry</b>	<b>\$1.50</b>	<b>Rice Krispie Treat</b>	<b>\$1.25</b>
<b>Hershey's Ice Cream</b>	<b>\$1.75/2.25</b>	<b>Churro (2 each)</b>	<b>\$1.75</b>



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### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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