

Recipe of the Month

March 2024



Green Salad with Peas

Serves 6

INGREDIENTS:

- 1 cup peas, fresh, frozen or canned
- 6 cups salad greens, torn in bite size pieces
- 1/2 cup chopped cucumber
- 1/2 cup low-fat salad dressing
- 1/2 cup Mozzarella Cheese



INSTRUCTIONS:

1. Thaw and drain frozen peas or rinse and drain canned peas.
2. In a large serving bowl, combine peas, salad greens and cucumber.
3. Add dressing just before serving. Toss to mix well. Sprinkle with Mozzarella cheese.
4. Refrigerate leftovers within 2 hours.

Enjoy!