



RESPONSE TO REQUESTS FOR MEDICAL INFORMATION RELATIVE TO FOOD PRODUCTS

With increasing frequency over the past few years, we at Maschio's Food Services, Inc. ("Maschio's") have received various requests from parents and other interested parties relative to both the ingredients of the food products we prepare and serve, and the medical significance of those food ingredients. Most of these requests for such information have come from interested parents/guardians who are concerned about their child's medical condition and the role that diet and nutrition plays.

We are pleased to assist inquiring parties to the maximum extent that we can, such as providing copies of our menus for the meals we prepare and serve. Please note, however, there are limitations on the responses that we can furnish. Below are several of Maschio's guidelines that may be helpful.

- Maschio's does not independently perform ingredient testing for the products we prepare and serve, nor are we required to by the terms of the agreement between Maschio's and your child's school district.
- Maschio's is happy to provide literature furnished by food manufacturers and/or suppliers we work with. To note, this literature is not independently verified and may or may not be accurate. Please note that we are unable to affirm the accuracy of that information or even suggest or recommend that it be relied upon by parents/guardians, school nurses, and/or school district representatives.
- Maschio's representatives are unable to provide medical or nutritional advice regarding the food products we prepare and serve. Accordingly, we are unable to provide any opinions or conclusions regarding the impact any such food product may have on any existing medical condition. Medical opinions or conclusions must be secured from the child's physician or other healthcare professional. These services are beyond the scope of the service which we provide to your school district.

We at Maschio's Food Services, Inc., remain committed to providing safe and nutritious meals for your child(ren) and we look forward to continuing to serve as a partner to keep your children safe.



Delicious, fluffy pancakes - hold the gluten, dairy and egg!

We left out all the gluten, dairy and eggs in these pancakes but kept in the good-for-you whole grains and delicious taste. With 3g protein and 190 calories per serving, these gluten free pancakes are a sure way to start your day right!

- Corn Free Icon
- Gluten Free Icon
- No Artificial Flavors Icon
- Egg Free Icon
- Non-GMO Verified Icon
- Dairy Free Icon
- Kosher Icon

NUTRITIONAL INFO:

Nutrition Facts

4 servings per container

Serving size 2 PANCAKES (87g)

Amount per serving

Calories 200

% Daily Value*

Total Fat 4g 5%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 260mg 11%

Total Carbohydrate 38g 14%

Dietary Fiber 2g 7%

Total Sugars 3g

Includes 3g Added Sugars 6%

Protein 3g

Vitamin D 0mcg 0%

Calcium 25mg 0%

Iron 1mg 6%

Potassium 120mg 2%

Disclaimer: Nutritional information is subject to change. See product label to verify ingredients and allergens.

PROUDLY, OUR INGREDIENTS:

GLUTEN FREE BLEND (BROWN RICE FLOUR, POTATO STARCH, TAPIOCA STARCH, RICE FLOUR, SOY FLOUR), WATER, CANE SUGAR, EXPELLER PRESSED CANOLA OIL, CONTAINS 2% OR LESS: BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), SOY LECITHIN, MOLASSES, GUAR GUM

ALLERGENS:

Soy.





Original Waffles
GLUTEN FREE

Gluten FreeGluten Free

Light, crispy waffles— just like you remember them.

Take a bite of our Gluten Free Totally Original waffles and experience everything a waffle should be! Made with whole grain brown rice flour and sweetened with fruit juice, you'll love this hot and toasty morning treat.

Non-GMO Verified Icon

No Artificial Flavors Icon

Kosher Icon

Egg Free Icon

Dairy Free Icon

Gluten Free Icon

Corn Free Icon

NUTRITIONAL INFO:

Nutrition Facts

3 servings per container

Serving size2 WAFFLES (84g)

Amount per serving

Calories180

% Daily Value*

Total Fat 7g 9%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 460mg 20%

Total Carbohydrate 28g 10%

Dietary Fiber 1g 4%

Total Sugars less than 1g

Includes less than 1g Added Sugars 1%

Protein 2g

Vitamin D 0mcg 0%

Calcium 210mg 15%

Iron 1mg 6%

Potassium 80mg 0%

Disclaimer: Nutritional information is subject to change. See product label to verify ingredients and allergens.

PROUDLY, OUR INGREDIENTS:

GLUTEN FREE BLEND (BROWN RICE FLOUR, POTATO STARCH, RICE FLOUR, SOY FLOUR), WATER, EXPELLER PRESSED CANOLA OIL, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), CONTAINS 2% OR LESS: FRUIT JUICE BLEND (PINEAPPLE, PEACH AND PEAR JUICE CONCENTRATES), SUNFLOWER LECITHIN, CALCIUM CARBONATE, SEA SALT, GUAR GUM

ALLERGENS:

Soy.

